



# MarketMommies

mommy biz listings

## **Krazy Ketchup** [www.krazyketchup.org](http://www.krazyketchup.org)



Summer is here and with summer comes cook-outs and barbeques. This is one of my favorite things about summer, being outside, the smell of the food on the grill and friends and family gathered. The only thing with grilling out is trying to keep things healthy, especially for the kiddos. My kids love hotdogs and of course they love ketchup and mustard dripping off the dogs. With KrazyKetchup the kids, and adults can get a healthy dose of veggies, vitamins, and nutrients without all the sugar regular ketchup contains and the best part, the kids have no idea.